



# BARRON COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES



## Resource Guide for Barron County

Updated 3/17/2022

Complete online resource guide for Aging/Disability can be found at [www.adrconnections.org](http://www.adrconnections.org)

### **Emergency**

- Ambulance/Fire/Police 911
- Poison Control 1-800-222-1222
- Emergency Suicide/Mental Health, 1-888-552-6642 (24 hrs/day, 7 days/wk.)

### **Abuse**

- Emergency Assistance dial 911
- Embrace/ Barron County Domestic Abuse Crisis Line/ Victim Advocate: Call (800)924-0556 or Text (715)532-6976
- Embrace Family Abuse Shelter: counseling, assistance, crisis line & shelter for those experiencing emotional, physical & sexual abuse. (Crisis line) 800-924-0556, (Rusk County Office and safe shelter open 24/7/365) 715-532-6976.
- Community Referral Agency, Counseling, assistance, crisis line, & shelter for those experiencing emotional, physical & sexual abuse. (Crisis line) 1-800-261-SAFE (1-800-261-7233), (Office) 1-715-825-4414
- LGBTQ Anti-violence Resource Line, 1-414-856-LGBT (5428)
- Child or Vulnerable Adult abuse concerns: Dept. of Health & Human Services 715-537-5691 or Sheriff's Department 715-537-3106
- Sexual Assault Victim's Advocate: call the Crisis Line 1-800-261-SAFE (1-800-261-7233)

### **Area Clergy Organization**

- Offers emergency vouchers call 715-434-2236, only for residents of Rice Lake

### **Aging & Disability Resource Center – 335 E. Monroe Ave, Barron WI 54812 (715)537-6225**

- Disability Benefit Specialist
- Elder Benefit Specialist
- Information & Assistance Specialist
- Nutrition Programs (i.e. Meals on Wheels)
- Transportation for disabled/elderly
- General Questions

### **Alcohol & Other Drugs**

- Overdose dial 911
- Alcohol & Drug Abuse Hotline 1-888-552-6642
- Dept. of Health & Human Services 715-537-5691
- Barron County Meth Line 715-537-METH (6384)
- Alcoholics Anonymous (AA) [area74.org](http://area74.org) or call 715-931-8262
- Narcotics Anonymous (NA) [www.wisconsinna.org](http://www.wisconsinna.org), 1-800-240-0276
- Lifepoint Needle Exchange Program, ARCW of Eau Claire, 800-750-2437, [www.arcw.org](http://www.arcw.org)
- Lifepoint Needle Exchange Program, Barron County Public Health, 335 E. Monroe Ave, Barron WI 54812, 715-537-5691

## Car Seat Inspections

- Barron County Public Health, Barron, call for appointment, 715-537-5691
- Luther Midelfort Northland-Barron, OB Dept., call for appointment, 715-537-3166
- Rice Lake Police Department, Officer Phillips, call for appointment, 715-234-1500
- Marshfield Clinic Health System, Emergency Department, Rice Lake, call for appointment, 715-236-6339
- Cumberland HealthCare,

## Counseling/ Mental Health

- Emergency Suicide/Mental Health, 1-888-552-6642 (24 hrs/day, 7 days/wk.)
- Contact your health insurance provider for a list of approved providers
- Contact Dept. of Health & Human Services for information on payment sources for mental health services & referral, 715-537-5691 (Monday-Friday, 8:00 a.m.-4:30 p.m.)
- Suicide Support Group: Offered twice a month the 1<sup>st</sup> and 3<sup>rd</sup> Mondays from 6-7:15 pm in Eau Claire through a licensed professional counselor named Gena Callihan, 715-828-8030 at 4330 Golf Terrace, Suite 218 Eau Claire, WI 54701, [genacallihanlpc.com](http://genacallihanlpc.com)
- Trans Lifeline, 1-877-565-8860 or <https://translifeline.org/>. This hotline is primarily for transgender people experiencing a crisis. This line is staffed by volunteers who are transgender themselves so they understand the struggles transgender people may be experiencing.
- Healing Hearts: A community support group for caregivers. The 3<sup>rd</sup> Tuesday of every month at the Chetek United Methodist Church at 300 Stout Street, Chetek, WI 54728, Contact by calling 715-924-4660 or emailing: [chetekmethodist@gmail.com](mailto:chetekmethodist@gmail.com)

## Dental Resources

- Marshfield Clinic Dental Centers: Will accept many forms of dental insurance including Medicaid/Badger Care. Sliding fee scale for those with no insurance & underinsured.  
Marshfield Clinic Chippewa Dental Center: 850 Lakeland Drive, Chippewa Falls, WI. (715) 738-2000  
Marshfield Clinic Ladysmith Dental Center: 315 Miner Avenue W. Ladysmith, WI. (715) 532-2500  
Marshfield Clinic Rice Lake Dental Center: 1501 W Stout St, Rice Lake WI. (715) 236-8900
- Chippewa Valley Technical College Dental Clinic, 620 W. Clairemont Ave, Eau Claire WI 54701 (715)833-6271 or 1-800-547-2882, ext. 6271 & ask for the dental clinic.
  - For persons on Medicaid or low income. Call for more information.
- All Family Dental- 3131 Stein Blvd, Eau Claire 715-835-1060, Accepts most major insurance coverage. Call ahead to make sure you are covered. .
- North Lakes Community Clinic: Accepts Forward Health, Sliding Fee and BadgerCare.
  - Turtle Lake (715) 986-2599
  - Birchwood (715) 354-3369

## Education

- Barron County Area Literacy Council, volunteers teach reading & writing to adults, call 715-637-5797
- GED/HSED, located at Northwood Technical College (WITC), 1900 College Drive, Rice Lake, 715-234-7082
- Vocational School, Northwood Technical College (WITC), Aptitude testing, 1900 College Drive, Rice Lake, 715-234-7082
- University of Wisconsin Eau Claire- Barron County Campus, 1800 College Drive, Rice Lake, 715-234-8176. Student services (financial aid & career counseling) 715-234-8024.
- UW Extension- family living, budgeting, food & nutrition, parenting education, 715-537-6250

## Emergency Assistance

- Salvation Army (housing, food, etc) In *Rice Lake only* call: 715-434-2236, *other Barron County areas* call 715-554-4928 and leave a message

## Emergency Food

- Barron Food Pantry, 411 E. La Salle Ave. Tues 10-1pm and Thurs 12:30-3:30 pm, 715-637-3499

- Cameron Food Pantry, behind Village Hall, 300 N. 1<sup>st</sup> St, Tues 9-11am, Thurs 1-3pm
- Chetek Food Shelf, 50 S. Hwy Blvd, Chetek, WI 54728 open Tues/Thurs 10-1, 715-925-3500
- Cumberland Area Community Food Pantry, 1270 1<sup>st</sup> Ave, Cumberland, WI 54829 open Fridays 1-3pm, 715-822-3767
- Prairie Farm Food Pantry, 411 N River Ave. (Legion Hall), Prairie Farm, WI 54762 Tues 2-4 pm
- Rice Lake Food Pantry, 400 W. Coleman, Tues 10:30-12am, Thurs 1-2:30pm
- Rice Lake/St. Vincent's, 40 S. Main St, Meals: Mon. Wed., Thurs., and Friday, 12 – 1pm. Pantry: Tues & Thurs 12-2 pm, 715-234-2372
- Sisters' Emergency Cupboard, 1108 Heart Island Pkwy, Rice Lake, 715-434-4332
- Turtle Lake Food Pantry, 200 West Martin Ave, Tues. 12:30 pm-3:30pm

## Employment

- Workforce Resource/Private Industry Council: assists people to obtain work, education & job training. 331 S. Main St, Rice Lake WI 54868, 715-234-6302
- Job Center, employment counseling & referrals. Has Job Net access (computerized listings of all jobs in Wisconsin) 331 S. Main St, Rice Lake, 715-234-6302, M – F, 8am – 4:30pm
- Wisconsin Works/ W2, Call 1-855-792-5439 if you have questions or want to apply. 331 S. Main St, Rice Lake
- Wisconsin Division of Vocational Rehabilitation, Services for people with barriers to employment. 331 S. Main St, Suite 6 Rice Lake, 715-234-6806, 1-800-228-2587

## Free Health Clinics: Free to those at or below 185% poverty level

- Rice Lake Area Free Clinic: 1035 N. Main St, Rice Lake WI 715-736-3733. Seeing patients Tuesdays, 4-8 PM. Located in the Medical Arts Building, enter using lakeside door. For more information: <http://rlafc.org/>.
- Chippewa Valley Free Clinic, 836 Richard Drive Eau Claire, WI (715)839-8477. Open Tuesdays at 5:30pm, (line starts forming at 3pm) if you don't get in you will be given a number & will be seen the next week. Free medications & diabetic supplies are available. Ongoing care available by appointments on Thursdays. Donations are accepted.
- The Open Door Clinic, Inc. -Located at the First Presbyterian Church, 130 W. Central St, Chippewa Falls, WI, enter the door by Gordy's parking lot, (715)720-1443, Clinic Hours: Tuesdays 5pm – 7:30pm, walk in clinic- no appointments. Donations are accepted. Clinic does not provide reproductive health services, narcotic medications, or controlled medications.

## Health Insurance/Immunizations

- Badger Care Plus, Family Planning Only Service & other benefits: Department of Health & Human Services, 335 E. Monroe Avenue, Barron, 715-537-5691 or 1-888-283-0012 to apply by phone or online at [www.access.wi.gov](http://www.access.wi.gov).
- Family Planning Only Services: Medical Assistance for people 15 yrs or older for family planning health care, contact DHHS-Public Health at 715-537-5691 or apply online at [www.access.wi.gov](http://www.access.wi.gov)
- Wisconsin Well Woman Program: breast & cervical cancer screening for women 45-64 yrs. Marsha Appelquist, WWWP Coordinator (Serving Barron, Burnett, Douglas, Polk, Rusk, and Washburn Counties)715-485-8562
- Free Immunizations for those without insurance or with Badger Care: DHHS-Public Health 335 E. Monroe Ave, Barron, <sup>3rd</sup> floor of the Government Center 715-537-5691. 8:30-11:00 AM & 1:00-4:00 PM Monday-Friday.
- Veteran's Benefits: Benefits for people with military service. 715-537-6290

## Housing

- Benjamin's House Emergency Shelter 715-736-2437, [www.benjamins-house.org](http://www.benjamins-house.org) Temporary emergency shelter for individuals and families for up to 90 days.
- Consumer Protection, Landlord-Tenant Hotline 1-800-422-7128
- West CAP- assistance, weatherization programs, rental units- 1-800-606-9227
- Fuel Assistance, assistance to pay heating bills for people with low incomes, 715-537-5691
- Barron County Housing Authority, Rent assistance for people with low incomes. 611 Woodland Avenue, PO Box 211, Barron, WI 54812, 715-537-5344.

- Chetek Housing Authority, Rent assistance for people with low incomes, 811 South St, Chetek, WI 54728. 715-924-3300.
- City of Rice Lake Housing Authority, Rent assistance for people with low incomes. 132 W. Marshall St, Rice Lake, WI 54868, 715-234-3721(family, elderly, handicapped units) or 715-234-5221 (Section 8). Open M – F, 8:00am – 3:30pm.
- CCB Housing, Subsidized housing units, 1310 N. Wisconsin Ave, Rice Lake, WI 54868, 715-236-2366.
- Cumberland Housing Authority, Rent assistance for people with low incomes. 1295 6<sup>th</sup> Ave., Cumberland. 715-822-2005.
- Impact Seven: <http://www.impactseven.org/property-management/> Impact Seven believes every person deserves a safe, dignified and affordable home. Properties in Almena, Barron, Chetek, Rice Lake, Turtle Lake and Prairie Farm.
- DAK Management Co., Inc., Rent assistance for people with low incomes. 710 S. Wisconsin Ave., Rice Lake, WI 54868. Need to complete application. Call 1-800-938-5629. Mon-Fri. 8 a.m.-4:30 p.m.
- Lifespring Home- Affiliated with the Pregnancy Help Center. This is a residential disciplinship program designed to help single mothers and their children to be safe, stable and successful families. Residents may stay up to 2 years. To inquire about eligibility requirements call: Kaydie Green, Family Care Director at Life Spring Home 715-719-0240 or email her at [kaydie@pregnancyhelpricelake.org](mailto:kaydie@pregnancyhelpricelake.org)

### **Immigrant/Migrant Services**

- Opportunity Center, 331 S. Main Street, Rice Lake, WI 54868, 715-203-0935
- UMOS Head Start for seasonal workers, 1-877-413-8667 Health Manager, Bridgit Adams

### **Legal**

- Judicare, free legal services for people with low income, 1-800-472-1638

### **Meal Services**

- The Lunch Box-noon meal served on Tuesdays at Bethany Lutheran Church, located at 35 W. Messenger, Rice Lake (715)234-9028.
- St. Vincent's Soup Kitchen- noon meal served Mondays, Wednesdays, Thursdays, Fridays from 12-1 p.m. at St. Vincent's Food Pantry, 40 S. Main, Rice Lake. For more info call (715)234-2372.

### **Other Non-Emergency Services to Help Stretch Food Budgets**

- Food Share- financial assistance to help with food costs. Contact Dept. of Health & Human Services, (715)537-5691 or apply online at [www.access.wi.gov](http://www.access.wi.gov)
- WIC- Women, Infants, & Children program offered through local Department of Health & Human Services. Provides food vouchers for specific types of food. Specific eligibility criteria exist related to income, pregnancy, & ages of children in family. Call 715-537-5691 for more information.
- UW Extension- food, nutrition & budget information,715-537-6250.
- Ruby's Pantry – food distribution. Distribution starts ½ hour after opening, ends when food gone. \$22.00 donation requested, bring your own containers for food. [www.rubyspantry.org](http://www.rubyspantry.org).  
1<sup>st</sup> Sat. of every month. 7:30 AM-9:30 AM. Cumberland Fire Dept. at 1060 Water St. Sponsor Northern Lakes Community Church.  
3<sup>rd</sup> Sat. of every month, 9:00-10:30 AM. Registration starts at 7:30am at Living Water Lutheran Church, 411 North 1st Street, Cameron, WI 54822; across from the Village Hall.  
[www.livingwater-cameron.org](http://www.livingwater-cameron.org)

### **Parenting Support and Information**

- Children with Special Health Care Needs (CYSHCN), serves families who care for children ages birth to 21 years old, who have special health care needs. 1-800-400-3678 or 715-726-7900 or Dawn Stark at 715-726-7907.
- Birth to Three: assessment & care coordination for children ages birth to through 35 month of age with developmental delays, 715-537-5691.
- Healthy Beginnings + a Prenatal Care Coordination benefit offered through Public Health, provides education & resources for pregnant women,715-537-5691.

- Head Start & Early Head Start, Serves families, pregnant thru 5yo with preschool information & family support. Main office (call local numbers for enrollment during the school year)1-800-352-6283, Rice Lake Area 715-434-5437, Barron/Dallas Area 715-837-1180.
- Heart Island Family Enrichment Center, 1108 Heart Island Pkwy, Rice Lake, 715-434-4332
- Child Support Agency, 335 E. Monroe Ave., Barron. 715-537-6390.
- Parents Forever Class, (715) 537-6254. You may register at: <https://forms.gle/YPgczdoAgjet7NZi9>  
The class runs from 6-9 pm via zoom and the cost of the class is \$20.
- Child Care Assistance, Barron County DHHS, 335 E. Monroe Ave, Barron 715-537-5691
- Well Badger (formerly known as the MCH Hotline) , is a maternal child health hotline to assist families with resources, 1-800-642-7837, <https://wellbadger.org/>

### Reproductive Health

- DHHS-Public Health Services, Confidential family planning (birth control, pregnancy testing and counseling, STD testing) Family Planning Only Service (apply at the time of the visit) or sliding fee scale. 3<sup>rd</sup> floor of the Government Center. CALL for information and appointment 715-537-5691
- Pregnancy Help Center, free pregnancy testing & counseling, 234 N. Main Street, Rice Lake 1-800-395-HELP or 1-715-736-HELP, call first.
- Abortion Hotline, 1-800-772-9100 or [www.prochoice.org](http://www.prochoice.org)
- Adoption, Lutheran Social Services, 1-888-746-2850
- Adoption, Catholic Charities, 1-715-832-6644
- CDC National Hotline, 1-800-CDC-INFO
- Wisconsin Information and Referral Center: 1-800-334-2437 (Also CDC INFO line) or <http://www.irc-wisconsin.org>. For Hepatitis, HIV & STD information.

### Stop Tobacco Use

- Cumberland Memorial Hospital 715-822-2741
- Lakeview Medical Center 715-234-1515
- Mayo Clinic Health Systems, Northland Clinics, 715-537-3186
- Wisconsin Quit Line (free & confidential counseling by phone) 800-QUIT-NOW (800-784-8669)
- American Lung Association 1-800-586-4872, or to contact the ALA nearest you, call 800-LUNGUSA
- Freedom from Smoking Online <https://freedomfromsmoking.org>
- Dept. of Health & Human Services 715-537-5691
- NOT – ‘Not On Tobacco’ Youth Cessation Program, call 715-236-6140
- Veyo Transportation-Transportation for individuals on Medical Assistance (Medicaid, Forward Card).
- Call to arrange 866-907-1493 or sign up on mobile portal at [member.veyo.com](http://member.veyo.com)
- Namekagon Transit - door-to-door public transit available in designated parts of Barron County on different days of the week. . Peak time (6am-9am and 3-5pm) the bus costs \$2.00 per one way trip and \$1.00 for elderly and disabled. All vehicles are wheelchair accessible, 866-295-9599.